

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

Classic	Croissants, cured ham, sliced cheese	Back bacon, sautéed mushrooms	Scrambled eggs, roasted tomatoes	Local butcher's sausages, hash browns poached eggs	Pain au chocolat, boiled hen eggs	continental	Full English
Chilled	Cereals, semi skimmed milk, natural yoghurt & honey, fresh fruits & fruit juice						
Everything else...	In addition to our menu we also offer daily: sliced breads for topping or toasting, butter, spreads, jams & toast toppers, filtered water & lots of seasonal fruits						

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Soup	Homemade soup of the day						
On the side...	Wholemeal bread	Baguettes	Flat breads	Focaccia	White bloomer		
Classic	Creamy chicken & bacon pasta Dough balls Roasted cherry tomatoes & basil Green beans	Tandoori Chicken Indian spiced new potatoes Tomato & coriander salad Aloo gobi Peas Poppadum's & all the dips	BBQ Pulled pork Wraps Diced potatoes Broccoli sweetcorn	Beef bolognaise Garlic bread mushrooms Roasted Mediterranean veg	Bread-crumbed fish fillets, lemon wedges Chicken strips Chips, Peas, Baked beans		
No meat	Roasted vegetable pasta bake	Vegetable Biryani	Mixed Bean & vegetable fajita	Quorn Bolognaise	Cheese pasty		
Light, simple	Cheese and bacon flan Tuna and sweetcorn Hen egg salad	Grated Cheese Chicken Wings Feta & Olives	Shaved ham Tuna & sweetcorn Hummus	Coronation chicken Chef's quiche Smoked mackerel	Home roast beef Grated Cheese		
Chilled	Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles. SELF HELP, CREATE YOUR OWN SALAD						
Pudding & desserts	Apple & strawberry crumble, cream	Lemon Drizzle Cake	Chocolate sponge, chocolate sauce	Syrup Sponge	Ice cream		
Everything else...	In addition to our menu we also offer daily: baked potatoes, freshly baked breads, filtered water, yoghurts, jellies & lots of seasonal fruits						

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Classic	Aromatic chicken fajitas Sour cream tortillas, Tacos Jacket wedges green beans	Beef Bolognaise Pasta Garlic bread salad	Cajun salmon Roasted cherry tomatoes courgettes new potatoes	Chicken Goujons Curly fries Sweetcorn	Butter chicken Rice Naan bread Onion bahji Samosa	Chefs Special	Borders choice
	No meat	Mixed Bean & Vegetable Fajita	Tomato & basil pasta bake	Pea & spinach risotto	Southern fried Quorn fillets	Veg curry	Chefs Special
Chilled	Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles. SELF HELP, CREATE YOUR OWN SALAD						
Everything else...	In addition to our menu we also offer daily: freshly baked breads, soup in the winter months, filtered water, yoghurts, jellies & lots of seasonal fruits					Seasonal fruit platter	Treat time