

Wellbeing

Wednesday 27 January day

SESSION ANNOUNCEMENT

KATRINA MONK

BODY IMAGE



Katrina was a Luckley Student and has recently completed her Masters Degree in Psychology specialising in body image. She knows exactly the pressures felt by young people caused by the media, peer groups and their own expectations. Katrina will be looking at how we can recognise these pressures for what they really are and will offer us a few ways of coping with them too.

We are truly delighted to be welcoming Katrina back to Luckley for what is sure to be a session of genuine relevance.

Katrina's session will run from 12.00 – 12.30