

BREAKFAST

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

| | | | | | | | |
|--------------------|--|---|--|---|---|-------------|--------------|
| Classic | Croissants, Pan au Choc, Hot Chocolate, Cured Ham, Sliced Cheese | Sausages, Hash Browns, Poached Eggs | American Pancakes, Bacon, Poached Eggs, Mushrooms | Local Butchers Sausages, Potato Waffles, Poached Eggs, Tomatoes | Bagels, Smoked Salmon, Cream Cheese, Crispy Bacon Boiled Eggs | Continental | Full English |
| Chilled | Cereals, Semi Skimmed Milk, Natural Yoghurt & Honey, Fresh Fruits & Fruit Juice | | | | | | |
| Everything else... | In addition to our menu we also offer daily: sliced breads for topping or toasting, butter, spreads, jams & toast toppers, filtered water & lots of seasonal fruits | | | | | | |

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

| | | | | | | | |
|--------------------|--|---|---|---|---|--|--|
| Soup | Homemade soup of the day | | | | | | |
| On the side... | Soda Bread | White Bloomer | Onion Bread | Cheese Scones | Wholemeal Bread | | |
| Classic | Meatballs in Marina Sauce Pasta Sweetcorn Medley of Green Vegetables | Lamb and Sweet Potato Rogan Josh Chicken Korma Rice Naan Bahji Raita Mango Chutney | Beef Lasagne, Garlic Bread Sauteed Courgette Mushrooms | Sweet & Sour Chicken Balls Rice Spring Rolls Prawn Crackers Soy Stir-fry Veg | Battered Cod Pizza Chips Peas Baked Beans | | |
| No meat | Gnocchi in an Italian Tomato Sauce with Rocket & Parmisan | Chickpea and Spinach Curry | Five Vegetable Lasagne, Garlic Bread | Vegan Sweet & Sour | Pizza | | |
| Light, simple | Quiche Tuna Mayonnaise | Smoked Salmon and Cream Cheese Coronation Chicken | Prawn Mayonnaise Home Roasted Ham | Hummus Smoked Mackerel Fillets | Quiche Mexican Chicken and Tacos | | |
| Chilled | Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles. SELF HELP, CREATE YOUR OWN SALAD | | | | | | |
| Pudding & desserts | Apple Crumble, Custard | Chocolate Brownie & Chocolate Sauce | Iced Sponge | Jam Sponge & custard | Jam Doughnuts | | |
| Everything else... | In addition to our menu we also offer daily: baked potatoes, freshly baked breads, filtered water, yoghurts, jellies & lots of seasonal fruits | | | | | | |

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

Classic

| | | | | | | |
|---|---|---|---|--|------------------|----------------|
| Lemon and Garlic Chicken Cajun Salmon Roasted New Potatoes Mixed Veg | BBQ Pulled Pork Tortilla Wraps Potato Wedges Sweetcorn Sliced Salad | Chicken Katsu Jasmine Rice Soy Garlic and Ginger Mixed Green Veg | Mac & Cheese Crispy Bacon Bits Sliced Grilled Chicken Garlic Bread Dressed Salad | Chilli Con Carne Tortillas Sour Cream Grated Cheese Rice | Boarders' Choice | Chef's Special |
|---|---|---|---|--|------------------|----------------|

No meat

| | | | | | | |
|---------|-----------------------------|--------------------|--------------|-------------------|------------------|----------------|
| Risotto | BBQ Tofu with Red Onions | Katsu Vegan Strips | Mac & Cheese | Mixed Bean Chilli | Boarders' Choice | Chef's Special |
|---------|-----------------------------|--------------------|--------------|-------------------|------------------|----------------|

Chilled

| | | | | | | |
|--|--|--|--|--|--|--|
| Fresh Salad Bar, all the favourites, market specials, daily protein, dressings & drizzles. SELF HELP, CREATE YOUR OWN SALAD | | | | | | |
|--|--|--|--|--|--|--|

Everything else...

| | | | | | |
|--|--|--|--|---------------------------|----------------------------------|
| In addition to our menu we also offer daily: freshly baked breads, soup in the winter months, filtered water, yoghurts, jellies & lots of seasonal fruits | | | | Seasonal Fruit Platter | Steamed Syrup Sponge, Custard |
|--|--|--|--|---------------------------|----------------------------------|

We cater for gluten free, dairy free and vegan diets and we are a nut-free school. Please speak to the Head Chef if you have special dietary requirements.