

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

Classic	<p>Croissants, Pain au Chocolat Hot Chocolate Cured Ham Sliced Cheese</p>	<p>Local Butcher's Sausages Hash Browns Poached Eggs</p>	<p>American Pancakes Bacon Mushrooms</p>	<p>Sausages Poached Eggs Tomato Waffles</p>	<p>Bagels Smoked Salmon Cream Cheese and Crispy Bacon</p>	<p>Full English</p>	<p>Chef's Choice</p>
Chilled	<p>Cereals, semi skimmed milk, natural yoghurt & honey, fresh fruit & fruit juice</p>						
Everything else...	<p>In addition to our menu we also offer daily: sliced breads for topping or toasting, butter, spreads, jams & toast toppers, filtered water & lots of seasonal fruit</p>						

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Soup	Homemade Soup of the Day						
On the side...	Wholemeal Bread	Baguettes	Flat Breads	Focaccia	White Bloomer		
Classic	Beef Chilli Rice Tortilla Chips Sour Cream Guacamole Salsa Sweetcorn Green Beans	Roast Chicken Breast with Stuffing and Chipolatas Roast Potatoes Broccoli Squash Gravy	Bacon & Tomato Pasta Bake Garlic Bread Mushrooms Roasted Courgette	BBQ Pulled Pork Tortilla Wraps Diced Potato Mixed Green Vegetables Coleslaw	Battered Cod Lemon Wedges Chicken Strips Chips Peas Baked Beans Mushy Peas Gravy		
No meat	Vegetable Chilli	Sweet Potato Chickpea & Spinach Pie	Mac & Cheese	BBQ Roasted Vegetables with Quorn	Sweet Potato Katsu Curry		
Light, simple	Cheese & Bacon Flan Tuna & Sweetcorn Hen Egg Salad	Grated Cheese Chicken Wings Feta & Olives	Shaved Ham Tuna & Sweetcorn Hummus	Coronation Chicken Chef's Quiche Smoked Mackerel	Home Roast Beef Grated Cheese		
Chilled	Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles. SELF HELP, CREATE YOUR OWN SALAD						
Pudding & desserts	Spiced Apple Crumble & Custard	Syrup Sponge & Custard	Marble Cake	Chocolate Sponge Chocolate Sauce	American Style Glazed Doughnuts		
Everything else...	In addition to our menu we also offer daily: baked potatoes, freshly baked breads, filtered water, yoghurts, jellies & lots of seasonal fruit						

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Classic	Aromatic Chicken Fajitas Sour Cream Tortillas Tacos Jacket Wedges Green Beans	Cannelloni Stuffed with Beef Bolognaise Garlic Bread Roasted Veg	Thai Red Chicken Curry Jasmine Rice Prawn Crackers	Swiss Chicken Mashed Potato Broccoli	Butter Chicken Pilau Rice Naan Samosa	Chef's Special	Chef's Special	
	No meat	Tomato & Basil Pasta Bake	Ricotta & Spinach Cannelloni	Vegetable Thai Red Curry	Swiss Quorn	Cauliflower & Spinach Curry	Chef's Special	Chef's Special
Chilled	Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles. SELF HELP, CREATE YOUR OWN SALAD							
Everything else...	In addition to our menu we also offer daily: freshly baked breads, soup in the winter months, filtered water, yoghurts, jellies & lots of seasonal fruit					Chef's Special	Chef's Special	