

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Classic	croissants, pain au choc, cured ham, sliced cheese	local butchers sausages, hash browns, poached eggs	American pancakes bacon	local butchers sausages, poached eggs, roasted tomatoes	sweet waffles, mixed berries & crème fresh	Full English	Smoked salmon and cream cheese bagels
Chilled	Cereals, semi skimmed milk, natural yoghurt & honey, fresh fruits & fruit juice						
Everything else...	In addition to our menu we also offer daily: sliced breads for topping or toasting, butter, spreads, jams & toast toppers, filtered water & lots of seasonal fruits						

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

Soup	Homemade soup of the day						
On the side...	wholemeal bread	baguettes	flat breads	focaccia	white bloomer		
Classic	beef chilli, rice, tortilla chips, sour cream, guacamole, salsa, sweetcorn, green beans	chicken parmigiana, diced potatoes, mixed green veg & carrots	bacon & tomato pasta bake, garlic bread, mushrooms, roasted courgette	BBQ pulled pork, tortilla wraps, spiced wedges, roasted mixed peppers & red onions, coleslaw	battered cod, lemon wedges, chicken strips, chips, peas, baked beans		
No meat	vegetable & bean chilli	aubergine parmigiana	mac & cheese	BBQ roasted vegetables with quorn	vegetable nuggets		
Light, simple	cheese and bacon flan, tuna and sweetcorn, hen egg salad	grated cheese, chicken wings, feta & olives	shaved ham, tuna & sweetcorn hummus	coronation chicken, chef's quiche, smoked mackerel	home roast beef, grated cheese		
Chilled	Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles. SELF HELP, CREATE YOUR OWN SALAD						
Pudding & desserts	spiced apple crumble & custard	syrup sponge & custard	marble cake	chocolate sponge & chocolate sauce	American style glazed doughnuts		
Everything else...	In addition to our menu we also offer daily: baked potatoes, freshly baked breads, filtered water, yoghurts, jellies & lots of seasonal fruits						

All special dietary requirements can be catered for – speak to the Chef

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Classic	chicken fajitas, sour cream, tortilla wraps, wedges & salad	chef pasta bowls, garlic bread, roasted med veg, mixed salads	Thai red chicken curry, jasmine rice, prawn crackers	Swiss chicken mash potato broccoli	butter chicken, pilau rice, naan, samosa	Chefs special	Chefs special
No meat	tomato & basil pasta bake	chefs pasta bowls	vegetable Thai red curry	Swiss Quorn	cauliflower & spinach curry	Chefs special	Chefs special
Chilled	Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles. SELF HELP, CREATE YOUR OWN SALAD						
Everything else...	In addition to our menu we also offer daily: freshly baked breads, soup in the winter months, filtered water, yoghurts, jellies, dessert of the day & lots of seasonal fruits						

All special dietary requirements can be catered for – speak to the Chef