

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

Classic	Croissants, pain au chocolat, hot chocolate cured ham, sliced cheese	Local butcher's sausages, hash browns, poached eggs	American pancakes, bacon, mushrooms	Sausages, poached egg, tomato, waffles	Bagels, smoked salmon, cream cheese, crispy bacon	Full English	Chef's choice	
Chilled	Cereals, semi skimmed milk, natural yoghurt, honey, fresh fruit & fruit juice							
Everything else	In addition to our menu, we also offer daily: sliced breads for topping or toasting, butter, spreads, jams & toast toppers, filtered water & seasonal fruit							



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Soup		Н					
On the side	Wholemeal bread	Baguettes	Flat breads	Focaccia	White bloomer		
Classic	BBQ pulled pork, tortilla wraps, diced potato, mixed green vegetables, coleslaw	Bacon & tomato pasta bake, garlic bread, garden vegetables, peas, carrots & sweetcorn	Chicken tikka, rice, samosa, poppadoms, tomato & onion salad, cucumber and mint raita	Beef chilli, taco shells, potato wedges, sour cream, guacamole, salsa, sweetcorn, green beans	Battered cod, lemon wedges, chicken strips, chips, peas, baked beans, mushy peas, gravy		
No meat	BBQ roasted vegetables & Quorn	Mac & cheese	Vegetable curry	Vegetable chilli			
Light, simple	Cheese and bacon flan, tuna and sweetcorn. egg salad	Grated cheese, chicken wings, feta & olives	Shaved ham, tuna & sweetcorn, hummus	Coronation chicken, Chef's quiche, smoked mackerel	Home roast beef, grated cheese		
Chilled	Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles. SELF HELP, CREATE YOUR OWN SALAD						
Pudding & desserts	Spiced apple crumble & cream	Chocolate sponge with chocolate sauce	Eton mess	Syrup sponge & custard	Chocolate eclairs		
Everything else	In addition to our menu, we also offer daily: baked potatoes, freshly baked breads, filtered water, yoghurts, jellies & seasonal fruit						



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Classic	Chilli & lime chicken thighs, roasted new potato, peas	Mince beef keema, braised rice, riata & naan bread	Swiss chicken, mashed potato, broccoli	Thai red chicken curry, jasmine rice, prawn crackers	Lemon chicken thigh, pasta puttanesca, salads	Chef's special	Chef's special
No meat	Vegan strips	Dhal	Swiss Quorn	Vegetable Thai red curry	Pasta puttanesca	Chef's special	Chef's special
Chilled	Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles. SELF HELP, CREATE YOUR OWN SALAD						
Everything else	In addition to our menu we also offer daily: freshly baked breads, soup in the winter months, filtered water, yoghurts, jellies & lots of seasonal fruits					Chef's special	Chef's special