

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Classic	Croissants Pain au chocolat Hot chocolate Cured ham Sliced cheese	Local butcher's sausages Hash browns Poached eggs	American pancakes Bacon Mushrooms	Sausages Poached egg Tomato Waffles	Sweet Belgian Waffles Crème fraiche & berry compote	Full English (Saturday) Chef's Choice (Sunday)	
Chilled	Cereals Semi skimmed milk Natural yoghurt & honey Fresh fruits & fruit juice	Cereals Semi skimmed milk Natural yoghurt & honey Fresh fruits & fruit juice	Cereals Semi skimmed milk Natural yoghurt & honey Fresh fruits & fruit juice	Cereals Semi skimmed milk Natural yoghurt & honey Fresh fruits & fruit juice	Cereals Semi skimmed milk Natural yoghurt & honey Fresh fruits & fruit juice		
Everything else	Sliced breads Butter, spreads, jam & toast toppers Seasonal fruit	Sliced breads Butter, spreads, jam & toast toppers Seasonal fruit	Sliced breads Butter, spreads, jam & toast toppers Seasonal fruit	Sliced breads Butter, spreads, jam & toast toppers Seasonal fruit	Sliced breads Butter, spreads, jam & toast toppers Seasonal fruit		

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Soup	Homemade soup of the day	Homemade soup of the day	Homemade soup of the day	Homemade soup of the day	Homemade soup of the day		
On the side	Soda bread	White bloomer	Onion bread	Cheese scones	Wholemeal bread		
Classic	Piri piri chicken Flat bread Roasted new potatoes Green beans Coleslaw	Beef lasagne Garlic bread Sauteed Courgette Mushrooms	Chicken katsu curry Jasmine rice Stir fry vegetables Prawn crackers	Meatballs in marina sauce Pasta sweetcorn Medley of green vegetables	Battered cod Chicken goujons Chips Peas Baked beans		
No meat	Piri Piri roasted vegetables Flat bread	5 vegetable lasagne Garlic bread	Sweet potato katsu curry	Gnocchi in an italian tomato sauce Roquette and parmisain	Vegan dippers		
Light, simple	Quiche Tuna Mayonnaise	Smoked salmon Cream cheese Coronation chicken	Prawn Mayonnaise Home roasted ham	Hummus Smoked mackerel fillets	Quiche Mexican chicken tacos		
Chilled	Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles	Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles	Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles	Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles	Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles		
Pudding & desserts	Chocolate brownie Chocolate sauce	Iced sponge	Peach melba crumble Ice cream	Apple pie Pouring cream	Ice lollies		
Everything else	Baked potatoes Freshly baked breads Yoghurts & jellies Seasonal fruit	Baked potatoes Freshly baked breads Yoghurts & jellies Seasonal fruit	Baked potatoes Freshly baked breads Yoghurts & jellies Seasonal fruit	Baked potatoes Freshly baked breads Yoghurts & jellies Seasonal fruit	Baked potatoes Freshly baked breads Yoghurts & jellies Seasonal fruit		

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Classic	Chicken and pepper pasta bake Garlic bread Broccoli	Roasted salmon Baby new potatos in garlic butter Green vegetables	Chicken Yaki udon Prawn crackers Spring rolls Sweet chilli sauce Vegetable stir fry	BBQ ribs Mash potato Corn on the cob	Sticky garlic ginger and sesame chicken Rice	Chef's Special	Gravy Horse radish Roast potatoes Market vegetables
No meat	Tomato and basil pasta bake	Vegetable frittata	Mushroom Yaki udon	Cajun Tofu	Sticky garlic ginger and sesame quorn chunks		Cauliflower cheese Cheddar melt
Chilled	Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles	Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles	Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles	Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles	Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles		Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles
Everything else	Soup & freshly baked breads Yoghurts & jellies Seasonal fruit	Soup & freshly baked breads Yoghurts & jellies Seasonal fruit	Soup & freshly baked breads Yoghurts & jellies Seasonal fruit	Soup & freshly baked breads Yoghurts & jellies Seasonal fruit	Soup & freshly baked breads Yoghurts & jellies Seasonal fruit	Seasonal fruit platter	Steamed syrup sponge Custard