WEEK 1

BREAKFAST

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Classic	Croissants Cinnamon swirl Cured ham Sliced cheese	Local butcher's sausages Hash browns Poached eggs	American pancakes Bacon Mushrooms	Sausages Poached egg Tomato	Belgian Waffles Boiled egg	Full English (Saturday) Chef's Choice (Sunday)	
Chilled	Cereals Semi skimmed milk Natural yoghurt & honey Fresh fruits & fruit juice	Cereals Semi skimmed milk Natural yoghurt & honey Fresh fruits & fruit juice	Cereals Semi skimmed milk Natural yoghurt & honey Fresh fruits & fruit juice	Cereals Semi skimmed milk Natural yoghurt & honey Fresh fruits & fruit juice	Cereals Semi skimmed milk Natural yoghurt & honey Fresh fruits & fruit juice		
Everything else	Sliced breads Butter, spreads, jam & toast toppers Seasonal fruit	Sliced breads Butter, spreads, jam & toast toppers Seasonal fruit	Sliced breads Butter, spreads, jam & toast toppers Seasonal fruit	Sliced breads Butter, spreads, jam & toast toppers Seasonal fruit	Sliced breads Butter, spreads, jam & toast toppers Seasonal fruit		

LUNCH

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Soup	Homemade soup of the day	Homemade soup of the day	Homemade soup of the day	Homemade soup of the day	Homemade soup of the day	Big brunch (Saturday) Bistro brunch (Sunday)	
On the side	Homemade bread	Homemade bread	Homemade bread	Homemade bread	Homemade bread		
Classic	Beef bolognese Pasta Garlic bread Roasted Mediterranean vegetables Sweetcorn	Chicken korma curry Rice Bhajis Chutney Beef Rogan Josh	Braised beef & mushrooms in a Yorkshire pudding Roast potato Gravy Broccoli Roasted root veg	Gyros chicken Pitta bread Homemade wedges Green beans Sliced salad	Battered cod Lemon mayo Chicken goujons Rustic chips Peas Baked beans		
No meat	Vegan Bolognese	Chickpea and spinach with lentil dal	Winter vegetable risotto	Falafel with picked coleslaw	Vegan southern fried strips		
Light, simple	Bacon & egg flan Flaked tuna Hen egg mayo	Grated cheese Chicken wings Feta & olives	Shaved ham Tuna & sweetcorn Hummus	Coronation chicken Chef's quiche Smoked mackerel	Home roast beef Grated cheese		
Chilled	Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles	Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles	Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles	Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles	Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles		
Pudding & desserts	Apple crumble Custard	Chocolate crunch Chocolate sauce	Marble cake Custard	Sticky toffee pudding Toffee sauce	Doughnuts		
Everything else	Baked potatoes Freshly baked breads Yoghurts & jellies Seasonal fruit	Baked potatoes Freshly baked breads Yoghurts & jellies Seasonal fruit	Baked potatoes Freshly baked breads Yoghurts & jellies Seasonal fruit	Baked potatoes Freshly baked breads Yoghurts & jellies Seasonal fruit	Baked potatoes Freshly baked breads Yoghurts & jellies Seasonal fruit		

SUPPER

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Classic	Meatballs in gravy Chips Peas & carrots	BBQ ribs Sweet potato wedges Coleslaw	Creamy Chicken Mushroom pasta Broccoli Garlic Bread	Tandoori Chicken Biryani Rice Curry Sauce Chutney Poppadom	Beef stroganoff Braised rice Broccoli	Chef's specials	
No meat	Vegan meatballs in gravy	Maccaroni cheese	Creamy wild mushroom pasta	Vegetable biryani rice	Roast pumpkin risotto		
Chilled	Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles	Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles	Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles	Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles	Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles		
Everything else	Soup & freshly baked breads Yoghurts & jellies Seasonal fruit	Soup & freshly baked breads Yoghurts & jellies Seasonal fruit	Soup & freshly baked breads Yoghurts & jellies Seasonal fruit	Soup & freshly baked breads Yoghurts & jellies Seasonal fruit	Soup & freshly baked breads Yoghurts & jellies Seasonal fruit		